



2024-25 MIAC Women's Hockey Awards

2024-25 MIAC Women's Hockey Offensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Lily Mortenson	Gustavus	Jr.	Champlin, Minn. Benilde-St. Margaret's	--

2024-25 MIAC Women's Hockey Defensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
D	Nora Stepan	Augsburg	Jr.	Apple Valley, Minn. Eastview	--

2024-25 MIAC Women's Hockey Rookie of the Year

Position	Name	Institution	Class	Hometown High School
F	Ana Myers	St. Catherine	Fy.	Lino Lakes, Minn. Gentry

2024-25 MIAC Women's Hockey Sheila Brown Award

Position	Name	Institution	Class	Hometown High School
F	Allie Urlaub	Saint Mary's	Sr.	Burnsville, Minn.

2024-25 MIAC Women's Hockey Coach of the Year

Name	Institution	Previous Selections
Tracy Johnson	St. Olaf	2023

2024-25 MIAC Women's Hockey All-Conference

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Ashlyn Abrahamson	Hamline	Fy.	Devils Lake, N.D.	--
F	Solvei Berg-Messerole	St. Olaf	Jr.	Minneapolis, Minn. Highland Park	2023 2024
F	Emily Cronkhite	Augsburg	Sr.	Eagan, Minn.	2023 2024
F	Haley Eder-Zdechlik	Hamline	Sr.	Stillwater, Minn.	2023 (HM)
F	Noelle Hemr	Gustavus	Fy.	Blaine, Minn. Centennial	--
F	Kaitlyn Holland	Gustavus	Sr.	Aberdeen, S.D. Central	2023
F	Lily Mortenson	Gustavus	Jr.	Champlin, Minn. Benilde-St. Margaret's	2023 (HM)
F	Ana Myers	St. Catherine	Fy.	Lino Lakes, Minn. Gentry	--
F	Sophia Paduano	Saint Mary's	So.	Westby, Wis.	2024
F	Sidney Polzin	Saint Mary's	Sr.	Chippewa Falls, Wis.	--
F	Brooke Power	Gustavus	Sr.	Lakeville, Minn. North	2022 2023 2024
F	Morgan Sauvageau	Concordia	Jr.	Fargo, N.D. Davies	--
D	Abigail Chamernick	Hamline	So.	Warroad, Minn.	--
D	Grace Bonnell	Augsburg	So.	Madison, Wis. Memorial	--
D	Abby Elliott	Gustavus	Sr.	Lino Lakes, Minn. Centennial	--
D	Celia Midtbo	Saint Mary's	So.	Minneapolis, Minn.	2024
D	Nora Stepan	Augsburg	Jr.	Apple Valley, Minn. Eastview	2023 2024
D	Jenna Timm	Saint Benedict	Sr.	Maple Grove, Minn.	2022 2023
G	Makenzie Cole	St. Scholastica	Jr.	Cohasset, Minn. Grand Rapids	--
G	Kayla Simonson	Augsburg	Fy.	Delano, Minn.	--

2024-25 MIAC Women's Hockey Honorable Mention

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Kallie Abrahamson	Bethel	Sr.	Zimmerman, Minn. Princeton	--
F	Reese Heitzman	Saint Mary's	So.	Hermantown, Minn. Proctor-Hermantown	2024 (AC)
F	Brynn Swenson	Bethel	Sr.	Apple Valley, Minn. Eastview	--
F	Molly Terebayza	St. Olaf	Jr.	Coon Rapids, Minn.	2023 (HM) 2024 (AC)
F	Allie Urlaub	Saint Mary's	Sr.	Burnsville, Minn.	2023 (HM)
D	Erika Broten	Hamline	Sr.	Mahtomedi, Minn.	2024 (HM)
D	Kas Kingston	Saint Mary's	Sr.	Black Diamond, Alberta, Canada	2022 (HM)
D	Grace Lankas	St. Olaf	Sr.	Lakeville, Minn. Apple Valley	2023 (AC)
D	Kylie Ligday	Gustavus	So.	Lake Elmo, Minn. Stillwater	2024 (HM)
G	Magali Fillion	Saint Mary's	Fy.	Sherbrooke, Quebec, Canada	--

2025 MIAC Women's Hockey All-Playoff Team

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Annabel Mehta	Hamline	So.	Eden Prairie, Minn.	--
F	Sophie McBane	St. Olaf	Sr.	Hermosa Beach, Calif. Naperville North	--
F	Aunna Schulte	Augsburg	Fy.	Bolingbrook, Ill. Plainfield East	--
D	Ellie Groebner	Gustavus	Fy.	Apple Valley, Minn. Eastview	--
D	Nora Stepan	Augsburg	Jr.	Apple Valley, Minn. Eastview	--
G	Celeste Rimstad	Saint Mary's	So.	Richfield, Minn. Holy Angels	2024
G	Kayla Simonson	Augsburg	Fy.	Delano, Minn.	--
G	Lily Timmons	Gustavus	Fy.	Stillwater, Minn.	--